# Alert! Index

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All Alert! Issues can be found at Alert

### Overview

**Human factors** is the body of scientific knowledge about people and how they interact with their environment, especially when working. Design of ship takes into account human capacity, skills, limitations and needs. (**Alert!** Issue No 2 pg4 Exploring Human Factors)

**Ergonomics** is the study and design of working environments (e.g. work station, cockpit, Ship Bridge) and their components work practice and work procedure for the benefit of the workers productivity health comfort and safety. (**Alert!** Issue No pg. 1 An ergonomic nightmare)

80% accident are attributed by human error, modern technology's revolutionised the way in which a ship is operated, but lack of human attention to human system is the interface in terms of the design, layout and integration of system and training in their use root cause of many accidents (Alert! Issue No 1 pg. 1 Welcome). Some suggest all accidents at sea are a result of human error because, when seeking the root cause of an incident it is invariably the human input to the design, manufacture or operation of a system that has a contributing factor (Alert! Issue No15 pg. 1 let's be clear about automation). Factors of many accident: failure to maintain proper watch, poor maintenance, no dedicated look out, standing dangerous position during berthing operation, poor team work, complacency route course (Alert! Issue No16 pg. 3 Complacency at work). Human failing include poor management and supervision, planning, training, motivation and leadership and communication (Alert! Issue No23 pg. 3 An understanding of what makes human error less likely lies at the heart of loss prevention).

### Human resource considerations

#### Personnel

Correct mix of people on board to operate and maintain the ship and its system.

#### Mental attitudes

#### Problems:

• Fatigue, boredom, commercial pressures, lack of support from company, cultural differences, lack of proper training, weather, temperature, humidity, noise, ship motion, communications in different languages, motion sickness, body clock instability, lack of basic ergonomics, no social areas, long isolation

#### Solutions:

Awareness of importance of individuals, improve attitude and motivation, close personal
relationship with staff and families, good quality management, good company culture( focused on:
good living conditions, sufficient manning on board, prioritising safety, retention policy, investing
in training, sharing knowledge), increase recreational facility, smaller voyage length, skilled crew do
a better operating job and maintain a vessel and if breakdown occurred they would be better
prepared for mitigation thus limiting cost and time to fix, safe crew safe ships, crew feedback, pilot
flying/ pilot not flying

**Alert!** Issue Nos (1,2,3,4,5,9,11,13,16,19,22,25,26,23,31)

### Paper work

#### Problems:

• Side tracks seafarer, make working hours longer, distraction Solutions:

• Use of software program, employ staff to deal with paperwork

Alert! Issue Nos (2, 19)

#### Occupational stress

#### **Problems:**

• long working hours, changes in industry quicker turnovers, the home work interface (missing home), broken rest, paper work and environmental hardship

Solutions:

 Happy healthy lifestyle, good nutrition, sleep 8 hours, change shift pattern to 4 on 8 off 8 on 4 off, rest requires a feet up and mind disengaged characteristic, increase amount of shore leave
 Alert! Issue Nos (2, 4, 9, 16, 32)

#### Health compromised

#### **Problems:**

• Smoking, drinking, lack of exercise, lack of relaxation and bad nutrition

Solutions:

 Have a gym on board, join Seafarers health information programmer (SHIPS), healthy food, longer rest periods

Alert! Issue Nos (2, 12)

### Rouge behaviour

#### Problems:

- Boredom, complacency, drudgery, familiarity, ignorance, impulsiveness, risk-taking, reutilisation Solutions:
- Safe secure and usable working environment, decent working and living conditions, fair terms of employment, healthy lifestyle, appropriate balance job and people, balance job and people, consistency in training, regular on-board training, clear concise operating instructions

Alert! Issue No (16)

#### **Manning**

Number of people required for the safe operation and security of the ship and for the protection of the marine environment in both normal and emergency situations.

#### Too few seafarers

#### Problems:

• social life on board decreased due to smaller crew, short turnaround ,bad image, too much paperwork, over regulations, to many inspections, reduced manning, fatigue, ship owners not caring, piracy, cost reduction is attempted by increasing work hours, reducing the use of skilled crew, recruitment developing countries

### Solutions:

• build a team like a family, placing additional deck officers and or/ rating on board of vessels on short trading pattern or difficult routes or difficult handling processes, recruiting administrative assistants to manage the ship administrations, take care of seafarers investment not cost, seafarers need safe secure working conditions, fair term of employment, health protection, medical care, family support, need to become industry of choice, appoint health, safety and wellbeing, environment and quality person who promotes and overseas it implementation needs, people managers to look after crew, managers be on board: chat, eat, drink,

**Alert!** Issue No (2, 4, 10, 12, 16, 19, 22, 26, 31)

### Under qualified seafarers

#### Problems:

• Recruiting and employing competent seafarers is essential for safe operation of the Ship a there is too few seafarers under qualified seafarers are given high up jobs

#### Solutions:

 Human resources selection and preparation of staff able to do required work, personnel and needs, seafarers with a good knowledge of a company and its ship who identify with both will display care an loyalty are less likely to produce claims, it is incumbent on the ship owner to ensure that they comply with legal obligations when it comes to the employment, training and certification of seafarers to make sure they attain the 'standard' required for reasonable ship power

Alert! Issue No (2, 11, 12, 31)

### **Training**

Competency and familiarity with the ship and its system

### Language/communication problems

#### Problems:

 procedural language may be used but because of inadequate training bad communication, discipline, poor teamwork and lack cultural awareness, seafarers may have excellent knowledge of English but without practical ability to speak it

#### Solutions:

• mixed crew communications very important, need to depend the education in English language, company to set English ranking test

Alert! Issue No (8, 9, 14, 21, 23)

### Use of equipment

#### Problems:

• Need to be highly trained for modern equipment

#### Solutions:

• Increase the use of simulators to constantly challenge and test professional skills, have a training ship

**Alert!** Issue No (1, 3, 16, 20, 22)

### Cost of training

#### Problems:

Training a high cost to the ship owner

#### Solutions:

• investment in training not only increases productivity but also empowers and serves as a safeguard of seafarers rights

Alert! Issue No (5,6)

### Standard of training

#### Problems:

• Training to be able to conduct their business in a safe efficient manner, certain nationalities less training

#### Solutions:

• Stakeholders need to work together to provide adequate training to ensure safe conduct of the ship and safe timely delivery of its cargo, to improve education additional experience, better

supervision and more rigours exams, many accidents on break down communication and team work need development of bridge resource management training focus personal attitudes rather than navigations, best training provided by those who have experience/expertise and good trainer, Mariners need it know: leadership, cultural awareness, human limitations including fatigue, effective communication, team work principles, decision making and problem solving processes, personal and professional development, coaching mentoring, appraisal system and techniques, train crew before leaving shipyard, command assessment program: psychological assessment, simulation based assessment, written/oral presentation, peer group exercise, completion shows strength and weaknesses and area to work on, maritime educator need to understand the ways of the sea, regular on board training needed

**Alert!** Issue No (1, 2, 4, 6, 8, 9, 11, 29, 37)

### Alert! Articles used

**Alert!** Issue No 1 pg1 Improving the awareness of the human element in the Marine Industry, pg.2 One Naval Architect's view of the Human Factor pg.3 A Marine Engineering perspective **Alert!** Issue No 2 pg.1 Paperwork...what paperwork, pg.3 cracking the code, pg.3 improving the Application of the Collision Regulation, pg6. Port State Control and the ISM Code pg.8 Report and Studies

**Alert!** Issue No 3 pg.1 an ergonomic nightmare, pg.6 The Human Element in Pilotage, Prevention through people: an overview

**Alert!** Issue No 4 pg1. Garbage in, garbage out, pg.3 Crew Endurance Management: Extending beyond Fatigue, pg6. Joined up maritime health, pg.7 Seafarer's wellbeing an holistic approach **Alert!** Issue No 5 pg1. Investing in quality, pg3. Building the company culture, pg.6 corporate social responsibility in shipping

**Alert!** Issue No 6 pg.1 Competent people make the difference, pg.2 Invest in yourself, pg. 6 Training the trainer, pg.7 Leadership-a training need?

**Alert!** Issue No 9 pg.2 Forget the image...,pg.3 Communication skills are vital to safe ship operations, Stress at sea, pg.7 Good working practices have always given good results

**Alert!** Issue No 10 pg. 7 The effects of Regulation

**Alert!** Issue No 11 pg.2. Crew continuity and competence, Training Needs Analysis-What, How, Why, pg.3 Leadership and managerial skills, pg.6 Developing a Climate of Trust: the Human Face of Shipping,

**Alert!** Issue No 12 pg2. Negligent or incompetent? A need for due diligence, pg3. A welfare for seafarers, Towards safer ship operations and the economic viability of a company

Alert! Issue No 13 pg.5 Fatigue Causes, effects and mitigation

**Alert!** Issue No 14 pg.2 Culture and communication or the loneliness of modern ship's master, pg.3 Whose culture? The impact of language on safety and compliance at sea

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Alert! Issue No 20 Occupational standards for shore-based ship management

**Alert!** Issue No 22 pg.2 Essential skills for addressing human element issues in a shipping company, pg 7 Looking at the role of the human element in the safety of marine operations

**Alert!** Issue No 23 pg3. An understanding of what makes human error less likely lies at the heart of loss prevention, pg.6 managing the impact of the human element on risk, pg.7 how much seafarer's worth?

**Alert!** Issue No 25 pg.2 What makes the ultimate Ship Manger?

**Alert!** Issue No 26 pg.2 Woven into Fabric, The ISM Code: just an overrated tool, pg.6 Safety culture and the human element, pg.7 Providing human element tools for seafarers and ship managers

Alert! Issue No 27 pg.2 The human elements are what they are, and they are what make us human

Alert! Issue No 30 pg.1 The people managers... looking after the company's most valued assets

Alert! Issue No 31 pg.6 Competence Management

Alert! Issue No 32 pg.7 Crew endurance Management

Alert! Issue No 33 pg.8 Trainee induction

Alert! Issue No 37 pg.2 Introduction

## Human factors engineering considerations

• Ship designer go to sea before becoming a designer

(Alert! Issue No 1 pg. 2 One naval architects view of human factors,2 pg2 Some thoughts from the sharp end,3 pg. 3 The case for a Decent design,25 pg. 1 it's all about team work)

• The design of the ship will affect way ship handled: poor design, bad ergonomics, equipment failure, habitability, differing equipment design

(Alert! Issue No 1 pg. 3 Just waiting to happen...The work of UK P&I club, 3 pg. 1 opening)

• Human error brought on in engine room by: heat, noise, vibration, lighting, equipment layout, workload

(Alert! Issue No 1 pg. 3 A marine engineering perspective)

Anthropology

- o Design for smallest: force and reach distance
- Design for largest: clearances
- Design for average: work station and adjustable items
   e.g. table and chairs
- Design for range: amount of adjustability
   (Alert! Issue No3 pg.5 Anthropometry-Designing to fit the user)
- Many stakeholders involved in the design of ships and their systems team work and communication at all levels from concept to build are essential to success any project (Alert! Issue No7 pg. 1 Know thy users)
- Good design prioritises his expectations, sea, comfort and habitability for crew and passengers, meets environmental regulations concerns and complies with relevant regulations of class, international and national authorities

(Alert! Issue No7 pg. 2 A 'good design' is one that exceeds owner's expectation)

- Usability follows: understanding and specifying context of used, specifying the user and organisational requirements
- Before building new ship operational review of current vessel identify good and build on it
- Ship designer to listen to seafarers even better to have one around whilst building or a human factor engineer during build. Know the crew, organisation and specific strength and weaknesses (Alert! Issue No1 pg2 One naval architect to another,3 pg. 3 A case for decent design,7 pg. 7 Identify the good and build upon it,24 pg. 1 The Ultimate aim)
- Design approach use human cantered design (Alert! Issue No 24):
  - Identify need (owner/operator)
  - Define concept (owner/operator)
  - Define requirements(operator/end user)
  - Specify function
  - Design (ship yard/suppliers/ trainers)
  - Build (ship yard/suppliers/trainer)

 Design the problem out: design for user, design for spatial relationship, design for operational expectation, design for feedback requirements, decision sign for accessibility, design for consistency, design to eliminate ambiguity

(Alert! Issue No36 pg. 8 Design the problem out)

• Ship owner provide shipyard clear perspective specification of what he requires in terms of automation and alarms. Need to take into account operation and maintenance. Give user and usability requirements equal emphasis with technical requirements.

(Alert! Issue No15 pg. 1 Let's be clear about automation)

- Ship owner actively involved in shipyard to get the right product (Alert! Issue No15)
- Potential hazards should be identified during design
   (Alert! Issue No17pg 1 One hand for the ship.. and one for yourself)

### Habitability

Comfortable clean (cleanable) and convivial accommodation, washing and toilet facilities, mess room, group meeting and exercise areas.

• Comfort and habitability is of increasing concern the quality of life to seafarer is one of the keys to successful operation

(Alert! Issue No7 pg. 2 A good design is one that exceeds the owner's expectations)

- Effects of noise and vibration on seafarer
  - (Alert! Issue No18 pg. 2 A momentous milestone for the international shipping industry)
- Decent quarters to live and rest in: crew bar, gym, IT equipment and game facilities
   (Alert! Issue No18 pg. 3 Regional seafarers development program, 19 pg. 7 True North Value,35 pg. 3 Taking a human centred approach)
- Different cultures need different designs.
  - (Alert! Issue No24 pg. 1 Ultimate aim, 35 pg. 3 Taking a human cantered approach)
- Main goal to provide a design that will enhance human performance, mental alertness, quality of life and crew recruiting
  - (Alert! Issue No34 pg. 3 Crew habitability: what you need to know, 35 pg. 3 Taking a human centred approach)
- Decrease noise: insulation, noise absorbent flooring, large diameter propeller, shock absorbers engine and rubber suspension exhaust system

(Alert! Issue No34 pg.7 Less noise and vibration is good for the working environment)

#### Manoeuvrability

The most appropriate manoeuvring capabilities

- Good ship manoeuvrability
  - (Alert! Issue No7 pg. 2 A 'good design 'is one that exceeds the owner's expectations)
- Good field of view
  - (Alert! Issue No36 pg.7 Increasing the safety)

### Maintainability

Operational maintenance task to be rapid, safe and effective to allow equipment and systems to achieve a specified level

- Maintenance responsibilities starts from the top managers of the company who should be committed to direct efforts, resources and investment in order to ensure that their ships are properly maintained and operated by qualifies competent crew
  - (Alert! Issue No3 pg. 2 SHIPBOARD MAINTENANCE a top management responsibility)
- Poor maintenance increase risk of casualty, pollution and damage to property.
   (Alert! Issue No3 pg. 2 SHIPBOARD MAINTENANCE a top management responsibility)
- When designing and building a vessel also need to consider the difficulties operator may have when dismantling areas for repair
- Automation reduces need for maintenance, problem automation goes wrong need qualifies engineers and electronic officers on board

(Alert! Issue No15 pg. 3 A chief engineer's perspective)

### Workability

Context of use

 Need a way of fitting in trained staff otherwise automation just for the sake of saving cost is accident waiting to happen

(Alert! Issue No15 pg. 1 let's be clear about automation)

- Demonstration of usability requirements for all significant aspect of operation and maintenance (Addressing the Human element –ship and equipment design)
- Stakeholders are not working together to ensure master and crew have right tools in place (Alert! Issue No 2 pg.6 Port State Control and the ISM Code)
- Strong focus in design and optimal technical solutions and on ergonomic solutions during building phase is fundamental in prevention of future accidents

(Alert! Issue No3 pg.2 Human error – a fragile chain of contributing elements)

- Risk factors temperature, motion, vibration and intensity of lighting
  (Alert! Issue No4 pg.3 Crew Endurance Management: Extending beyond Fatigue)
- User requirements are derived from human factors data considered context of a particular ship its manning, outfitting and operation

(Alert! Issue No7 pg. 5 A human-cantered approach to ship and system design)

• Have an operating manual standard which is easy to understand operating instructions for all micro processes controlled equipment

(Alert! Issue No2 pg. 3 Cracking the code, 15pg. 1 let's be clear about automation)

- Simplicity of operation and ease of maintenance
  - (Alert! Issue No24 pg.7 Factoring in the human element in the design of ships)
- Human systems integration perspective major concern to maximise human performance and minimise human performance risk: human capability, human proficiency, human availability, human utilisation, human accommodation, human health and safety, human survivability (Alert! Issue No24 pg.3 Adopting a Human System Integration approach to design)
- Navigation systems simple to understand
   (Alert! Issue No24 pg.7 Factoring in the human element in the design of ships)

#### Controllability

Integrating people with equipment, systems and interfaces

• Requirement of relevant standards for electronic displays of chart, radar, bridge system, displays. Being harmonised: same colour, symbol, terms, abbreviation, unit and controls. Trying to reduce number of screens.

(Alert! Issue No 1 pg. 6 The International Maritime Organisation and the Human element)

Integrated bridge/navigation systems
 (Alert! Issue No21 pg.3 Information Management a shipmaster's perspective)

### Survivability

Adequate firefighting, damage control, lifesaving and security facilities to ensure the safety and secure of crew, visitors and passengers

How to manage without automation for emergency
 (Alert! Issue No15 pg.2 a chief engineer's perspective)

### Occupational Health and Safety

The effect of work, the working environment and living conditions on the health, safety and wellbeing of the person.

• Close involvement stake holders in making sure ship 'safe for purpose.

(Alert! Issue No 1 pg.1 Improving the awareness of the Human Element in the Maritime industry)

Master and crew provided with proper tools

(Alert! Issue No 1 pg.1 Improving the awareness of the Human Element in the Maritime industry)

### System Safety

The risks from people using (or misusing) the system

- Off the shelf system may not fit the purpose
  - (Alert! Issue No 2 pg. 3 Cracking the code)
- Computer are good but a constant stream of alarms can prove a great distraction and have potential to generate extremely hazardous situation
  - (**Alert!** Issue No 2 pg.3 Improving the Application of the Collision Regulations, 7 pg.3 The role of the International Organisation for Standardization in relation to Ships and Marine Technology)
- Automation verified by observing what is actually happening against what should be happening.
   (Alert! Issue No15 pg.3 A Chief engineer's perspective)
- Selector switch that hides all no critical alarms as in blackout as to many alarms hinder engineer. (Alert! Issue No15 pg.3 A Chief engineer's perspective)
- Cabin alarms to start soft
  - (Alert! Issue No15 pg.3 A Chief engineer's perspective)
- Alarms covering area of the ship directly looked after by deck department would not sound engine console should feed separate panel that will Alert selected navigation officers

(Alert! Issue No15 pg.3 A Chief engineer's perspective)

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# Human centred design

Focuses on making a design usable. Process of systematically applying human factors and ergonomics knowledge and techniques to minimize human error, enhance effectiveness and efficiency, improve human working conditions and counteract possible adverse effects of use on health, safety and performance of the mariner. (Alert! Issue No7)

- To prevent failure: well designed, operator focused work place control room instrumental display, planning, safety awareness (Alert! Issue No 1,7)
- Human element build
  - Identify need (owner/operator)
  - Define concept (owner/operator)
  - Define requirements (operator/end user)
  - Specify function (integrator)
  - Design (ship yard/suppliers)(Alert! Issue No8)
- Human cantered design
  - o Clear explicit understanding of users, tasks and environment
  - Involvement of user throughout design and development
  - o Design for user
  - Multi-disciplinary skill and perspective (Alert! Issue No35)

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